

# Rheinland-Wertung Duisburg-Düsseldorf 2016

## Endstand nach 2 Läufen

Metro Group Marathon Düsseldorf (24.04.2016) und Rhein-Ruhr-Halbmarathon Duisburg (05.06.2016)

### Männer

| Platz | Name               | Verein / Ort                 | Jg | NAT | Düsseldorf | Platz | Duisburg | Platz | Pl. AK  | Ges. Netto     |
|-------|--------------------|------------------------------|----|-----|------------|-------|----------|-------|---------|----------------|
| 1     | Matthias Büchel    | TUSEM Essen                  | 2  | GER | 2:35:59    | 23.   | 1:15:04  | 3.    | 1./M30  | <b>3:51:02</b> |
| 2     | Murat Celik        | Ayyo Team Essen              | 3  | GER | 2:42:38    | 33.   | 1:18:32  | 8.    | 2./M30  | <b>4:01:09</b> |
| 3     | Egemen Altinova    | AYYO TEAM ESSEN              | 0  | GER | 2:45:29    | 42.   | 1:19:52  | 10.   | 1./M45  | <b>4:05:20</b> |
| 4     | Bernd Diekmann     | Lauffreunde HADI Wesel       | 2  | GER | 2:50:13    | 67.   | 1:22:30  | 16.   | 1./M40  | <b>4:12:42</b> |
| 5     | Manuel Martins     | Ayyo Team Essen              | 7  | GER | 2:58:51    | 125.  | 1:24:26  | 24.   | 1./M35  | <b>4:23:16</b> |
| 6     | Oliver Stübner     | *Hückelhoven                 | 4  | GER | 3:03:03    | 160.  | 1:23:51  | 22.   | 2./M40  | <b>4:26:53</b> |
| 7     | Markus Spangenberg | ASV Duisburg                 | 5  | GER | 3:12:04    | 263.  | 1:22:30  | 15.   | 1./M50  | <b>4:34:33</b> |
| 8     | Thorsten Wilkes    | LG Wuppertal                 | 9  | GER | 3:03:40    | 168.  | 1:31:40  | 85.   | 2./M45  | <b>4:35:19</b> |
| 9     | Ludwig Duch        | LT-Training by Neiß          | 3  | GER | 3:11:13    | 254.  | 1:27:26  | 39.   | 2./M50  | <b>4:38:38</b> |
| 10    | Martin Kels        | TUSEM Essen                  | 0  | GER | 3:19:11    | 364.  | 1:35:50  | 144.  | 2./M35  | <b>4:55:00</b> |
| 11    | Sven Block         | Tusem Essen                  | 4  | GER | 3:22:03    | 420.  | 1:34:47  | 130.  | 3./M40  | <b>4:56:49</b> |
| 12    | Lars Evermann      | *Datteln                     | 8  | GER | 3:28:52    | 568.  | 1:28:50  | 50.   | 1./MH   | <b>4:57:41</b> |
| 13    | Jonas Lenz         | LT Bittermark Dortmund       | 0  | GER | 3:27:36    | 530.  | 1:33:38  | 116.  | 2./MH   | <b>5:01:13</b> |
| 14    | Wolfgang Neiss     | Sportgemeinschaft Deutsche B | 6  | GER | 3:36:49    | 761.  | 1:37:34  | 180.  | 1./M60  | <b>5:14:22</b> |
| 15    | Markus Laukmann    | *Kevelaer                    | 1  | GER | 3:36:58    | 766.  | 1:43:36  | 343.  | 3./M35  | <b>5:20:33</b> |
| 16    | Michael Scheele    | TUSEM Essen                  | 6  | GER | 3:49:19    | 1107. | 1:32:34  | 103.  | 4./M40  | <b>5:21:52</b> |
| 17    | Christian Dietrich | *Wuppertal                   | 6  | GER | 3:44:59    | 1001. | 1:37:49  | 183.  | 3./M30  | <b>5:22:47</b> |
| 18    | Marek Majer        | *Düsseldorf                  | 4  | GER | 3:44:39    | 987.  | 1:39:23  | 224.  | 5./M40  | <b>5:24:01</b> |
| 19    | Markus Altmann     | Run Squad CGN                | 2  | GER | 3:37:47    | 783.  | 1:46:38  | 427.  | 4./M30  | <b>5:24:25</b> |
| 20    | Haroldinio Abauna  | sport040                     | 2  | GER | 3:15:54    | 311.  | 2:09:44  | 1206. | 3./M50  | <b>5:25:37</b> |
| 21    | Mark Evermann      | *Oberhausen                  | 9  | GER | 3:56:38    | 1351. | 1:29:09  | 54.   | 4./M35  | <b>5:25:46</b> |
| 22    | Michael Kastner    | *Erkrath                     | 8  | GER | 3:58:11    | 1414. | 1:39:38  | 228.  | 5./M35  | <b>5:37:48</b> |
| 23    | Frank Brosowski    | Gebrechliche Marathonis      | 2  | GER | 3:56:22    | 1338. | 1:44:47  | 386.  | 6./M40  | <b>5:41:08</b> |
| 24    | Thomas Hake        | *Leichlingen                 | 9  | GER | 3:41:37    | 892.  | 2:01:21  | 981.  | 3./M45  | <b>5:42:57</b> |
| 25    | Volker Fröde       | Tus Hamorn-Neumühl           | 5  | GER | 3:59:47    | 1457. | 1:43:16  | 329.  | 1./M70  | <b>5:43:02</b> |
| 26    | Markus Rommen      | *Duisburg                    | 5  | GER | 3:53:09    | 1235. | 1:50:02  | 543.  | 7./M40  | <b>5:43:10</b> |
| 27    | Guido Einck        | -                            | 9  | GER | 4:09:03    | 1607. | 1:35:31  | 137.  | 6./M35  | <b>5:44:33</b> |
| 28    | Thomas Janka       | *Gelsenkirchen               | 2  | GER | 3:54:50    | 1278. | 1:49:49  | 535.  | 5./M30  | <b>5:44:38</b> |
| 29    | Jan Pszolka        | *Hagen                       | 1  | GER | 3:57:52    | 1403. | 1:48:25  | 494.  | 3./MH   | <b>5:46:16</b> |
| 30    | Michael Hövel      | Metro Runners                | 8  | GER | 3:54:56    | 1281. | 1:52:34  | 627.  | 4./M45  | <b>5:47:29</b> |
| 31    | Marcus Kruse       | Laufschule Dortmund Bunert   | 2  | GER | 3:58:06    | 1411. | 1:52:55  | 634.  | 8./M40  | <b>5:51:00</b> |
| 32    | Andreas Böcker     | *Selm                        | 6  | GER | 3:54:05    | 1259. | 2:06:12  | 1104. | 4./M50  | <b>6:00:16</b> |
| 33    | Daniel Patino      | *Dinslaken                   | 5  | GER | 4:10:02    | 1627. | 1:55:32  | 747.  | 5./M50  | <b>6:05:33</b> |
| 34    | Fabian Bornheim    | RHEX Team                    | 8  | GER | 4:43:44    | 2061. | 1:22:35  | 17.   | 4./MH   | <b>6:06:18</b> |
| 35    | Michael Haex       | Marathon Dinslaken           | 2  | NLD | 4:09:43    | 1624. | 2:00:22  | 954.  | 9./M40  | <b>6:10:04</b> |
| 36    | Michael Lim        | *Essen                       | 0  | GER | 4:20:29    | 1816. | 1:50:46  | 569.  | 5./MH   | <b>6:11:14</b> |
| 37    | Niklas Lehnert     | *Düsseldorf                  | 4  | GER | 4:20:29    | 1817. | 1:50:47  | 570.  | 6./MH   | <b>6:11:15</b> |
| 38    | Christian Krause   | *Duisburg                    | 2  | GER | 4:27:35    | 1914. | 2:04:06  | 1050. | 10./M40 | <b>6:31:40</b> |
| 39    | Bernhard Thurau    | *Essen                       | 1  | GER | 4:45:28    | 2084. | 2:05:20  | 1078. | 1./M65  | <b>6:50:47</b> |
| 40    | John Rudolph       | Team Schaschlik              | 5  | GER | 4:18:44    | 1790. | 2:33:38  | 1584. | 11./M40 | <b>6:52:21</b> |
| 41    | Ulrich Schmitz     | *Hilden                      | 2  | GER | 4:35:12    | 1995. | 2:17:39  | 1421. | 6./M50  | <b>6:52:50</b> |
| 42    | Martin Jansen      | Vodafone Runners             | 7  | GER | 4:48:29    | 2112. | 2:07:51  | 1159. | 7./M35  | <b>6:56:19</b> |
| 43    | Rüdiger Ziervogel  | Tri Schlumpf Team            | 2  | GER | 4:28:48    | 1940. | 2:38:23  | 1599. | 7./M50  | <b>7:07:10</b> |
| 44    | Mario Vucans       | BSV Eschweiler               | 5  | GER | 5:50:52    | 2274. | 2:02:38  | 1016. | 2./M60  | <b>7:53:29</b> |

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### Frauen

| Platz | Name                   | Verein / Ort              | Jg | NAT | Düsseldorf | Platz | Duisburg | Platz | Pl. AK | Ges. Netto     |
|-------|------------------------|---------------------------|----|-----|------------|-------|----------|-------|--------|----------------|
| 1     | Gina Drevers           | Stadtsparkasse Düsseldorf | 8  | GER | 3:07:44    | 9.    | 1:29:18  | 2.    | 1./WH  | <b>4:37:01</b> |
| 2     | Anja Krebs             | *Oberhausen               | 7  | GER | 3:26:42    | 34.   | 1:42:22  | 29.   | 1./W45 | <b>5:09:03</b> |
| 3     | Kathrin Willems        | *Mülheim an der Ruhr      | 6  | GER | 3:40:21    | 84.   | 1:42:50  | 34.   | 1./W30 | <b>5:23:10</b> |
| 4     | Katharina Schmitt      | *Bochum                   | 6  | GER | 3:42:00    | 93.   | 1:42:18  | 27.   | 2./W30 | <b>5:24:17</b> |
| 5     | Heike Kalweit          | ASV Duisburg              | 8  | GER | 4:01:06    | 216.  | 1:50:41  | 77.   | 2./W45 | <b>5:51:46</b> |
| 6     | Anna Plattner          | Tri Club Wuppertal        | 1  | GER | 3:58:01    | 193.  | 1:55:30  | 127.  | 2./WH  | <b>5:53:30</b> |
| 7     | Christiane Henkel      | LG Alpen                  | 5  | GER | 4:10:02    | 270.  | 1:45:30  | 49.   | 1./W50 | <b>5:55:31</b> |
| 8     | Jasmin Wehmeier        | Aktion Canchanabury       | 6  | GER | 4:04:04    | 235.  | 1:57:02  | 148.  | 1./W40 | <b>6:01:05</b> |
| 9     | Heide Großgarten       | Fokus Selm                | 5  | GER | 4:03:43    | 232.  | 1:58:29  | 181.  | 2./W50 | <b>6:02:11</b> |
| 10    | Ute Gularek            | Tc Kempen                 | 5  | GER | 4:05:44    | 249.  | 1:58:18  | 177.  | 1./W60 | <b>6:04:01</b> |
| 11    | Birgit Wiesmann        | Fokus Selm                | 3  | GER | 3:54:16    | 151.  | 2:14:18  | 435.  | 2./W40 | <b>6:08:34</b> |
| 12    | Ursula Hagedorn-Schulz | *Selm                     | 9  | GER | 4:15:11    | 303.  | 2:06:13  | 298.  | 1./W55 | <b>6:21:23</b> |
| 13    | Corinna Forg           | Running Team Grafenberg   | 1  | GER | 4:14:31    | 299.  | 2:07:09  | 314.  | 3./W45 | <b>6:21:39</b> |
| 14    | Cordula Holloway       | Laufen gegen Leiden       | 5  | GER | 4:07:15    | 256.  | 2:15:26  | 455.  | 3./W40 | <b>6:22:40</b> |
| 15    | Isabel Mauritz         | *Ratingen                 | 6  | GER | 4:25:27    | 359.  | 1:57:17  | 160.  | 4./W40 | <b>6:22:43</b> |
| 16    | Ursula Franke-Thurau   | *Essen                    | 7  | GER | 4:21:33    | 328.  | 2:06:06  | 297.  | 1./W65 | <b>6:27:38</b> |
| 17    | Sabine Schulz-Bongert  | Running Team Grafenberg   | 2  | GER | 4:35:55    | 429.  | 2:06:35  | 304.  | 3./W50 | <b>6:42:29</b> |
| 18    | Carolin Straßburg      | Running Team Grafenberg   | 0  | GER | 4:14:26    | 1717. | 2:33:38  | 687.  | 1./W35 | <b>6:48:03</b> |
| 19    | Birgit Kimmeskamp      | Ausdauerschule by Bunert  | 5  | GER | 4:03:49    | 234.  | 2:45:32  | 751.  | 4./W50 | <b>6:49:20</b> |
| 20    | Kathrin Raback         | PV Triathlon Witten       | 4  | GER | 4:43:27    | 454.  | 2:10:43  | 373.  | 5./W40 | <b>6:54:09</b> |
| 21    | Margot Klenke          | Marathonteam Kempen       | 9  | GER | 4:34:54    | 426.  | 2:23:32  | 575.  | 2./W65 | <b>6:58:25</b> |
| 22    | Annette Bolling        | BSG Sparkasse Duisburg    | 9  | GER | 4:37:35    | 434.  | 2:22:15  | 560.  | 2./W35 | <b>6:59:49</b> |
| 23    | Petra Frisse           | LSF Münster               | 3  | GER | 4:45:34    | 479.  | 2:20:18  | 525.  | 6./W40 | <b>7:05:51</b> |
| 24    | Christiane Seubert     | PV-Triathlon Witten       | 8  | GER | 4:54:09    | 508.  | 2:13:24  | 419.  | 2./W55 | <b>7:07:32</b> |